

# ExxonMobil Bislett Games 2010 • Relevant Records • Men

## Men's 100 Metres

### World Continental Records:

World, Central American	9.58	Usain Bolt JAM	Berlin	16 Aug 09
North American	9.69	Tyson Gay USA	Shanghai	20 Sep 09
European	9.86	Francis Obikwelu POR	Athens	22 Aug 04

### National Records:

AHO	9.93	Churandy Martina	Beijing	16 Aug 08
AUT	10.15	Andreas Berger	Linz	15 Aug 88
FRA	9.99	Ronald Pognon	Lausanne	5 Jul 05
GBR	9.87	Linford Christie	Stuttgart	15 Aug 93
JAM	9.58	Usain Bolt JAM	Berlin	16 Aug 09
NOR	10.01	Jaysuma Saidy Ndure	Doha	9 May 08
TRI	9.86	Ato Boldon	Walnut	19 Apr 98
	9.86	Ato Boldon	Athens	17 Jun 98
	9.86	Ato Boldon	Athens	16 Jun 99
	9.86	Ato Boldon	Lausanne	2 Jul 99
USA	9.69	Tyson Gay	Shanghai	20 Sep 09

## Men's 800 Metres

### World Continental Records:

World, European	1:41.11	Wilson Kipketer DEN (pace – 200m: 23.8; 400m: 49.3; 600m: 1:14.6)	Cologne	24 Aug 97
African	1:42.01	David Rudisha KEN	Rieti	6 Sep 09
World Junior	1:42.69	Abubaker Kaki	Oslo	6 Jun 08

### Junior competing in Oslo:

Thomas Roth NOR

### National Records:

GBR	1:41.73	Sebastian Coe	Florence	10 Jun 81
KEN	1:42.01	David Rudisha	Rieti	6 Sep 09
NED	1:43.45	Bram Som	Zurich	18 Aug 06
NOR	1:42.58	Vebjørn Rodal	Atlanta	31 Jul 96
NOR-J	1:47.08	Vebjørn Rodal	Oslo	6 Jul 91
POL	1:43.22	Pawel Czapiewski	Zurich	17 Aug 01
SUD	1:42.69	Abubaker Kaki	Oslo	6 Jun 08

## Men's 1500 Metres

### World Continental Records:

World, African	3:26.00	Hicham El Guerrouj MAR (pace – 400m: 53.6; 800m: 1:50.5; 1000m: 2:18.5; 1100m: 2:32.8; 1200m: 2:46.4)	Rome	14 Jul 98
European	3:28.95	Fermin Cacho ESP	Zurich	13 Aug 97
Asian	3:29.14	Rashid Ramzi BRN	Rome	14 Jul 06
Oceanian	3:31.96	Simon Doyle AUS	Stockholm	3 Jul 91
World Junior	3:30.24	Cornelius Chirchir KEN	Monaco	19 Jul 02

### Juniors competing in Oslo:

Henrik Ingebrigtsen NOR

### National Records:

AUS	3:31.96	Simon Doyle	Stockholm	3 Jul 91
ESP	3:28.95	Fermin Cacho	Zurich	13 Aug 97
ETH	3:31.13	Mulugeta Wendimu	Heusden	31 Jul 04
FRA	3:28.98	Mehdi Baala	Brussels	5 Sep 03
GBR	3:29.67	Steve Cram	Nice	16 Jul 85
IRL	3:33.5	Ray Flynn	Oslo	7 Jul 82
KEN	3:26.34	Bernard Lagat	Brussels	24 Aug 01
NOR	3:37.4	Lars Martin Kaupang	Oslo	30 Jun 76
NOR-J	3:42.06	Henrik Ingebrigtsen	Nijmegen	26 May 09
SWE	3:36.49	Johnny Kroon	Oslo	27 Jun 85

## Exxon Mobil Dream Mile

## World Continental Records:

World	3:43.13	Hicham El Guerrouj MAR	Rome	7 Jul 99
	(pace – 440 yards: 55.07; 880 yards: 1:51.58; 1320 yards: 2:47.91; 1500m: 3:28.21)			
African	3:43.13	Hicham El Guerrouj MAR	Rome	7 Jul 99
European	3:46.32	Steve Cram GBR	Oslo	27 Jul 85
Asian	3:47.97	Dahame Najem Bashair QAT	Oslo	29 Jul 05
World Junior	3:49.29	William Biwott KEN	Oslo	3 Jul 09

## Junior competing in Oslo:

Mohamed Al Garni QAT

## National Records

CZE	3:52.59	Jozef Plachý	Stockholm	3 Jul 78
ESP	3:47.79	José Luis Gonzalez	Oslo	27 Jul 85
ETH	3:48.95	Deresse Mekonnen	Oslo	3 Jul 09
GBR	3:46.32	Steve Cram	Oslo	27 Jul 85
KEN	3:43.40	Noah Ngeny	Rome	7 Jul 99
QAT	3:47.97	Dahame Najem Bashair	Oslo	29 Jul 05
RSA	3:50.82	Johan Fourie	Port Elizabeth	11 Mar 87

## Official times will be taken at 1500m, the relevant records are:

World	3:26.00	Hicham El Guerrouj MAR	Rome	14 Jul 98
African	3:26.00	Hicham El Guerrouj MAR	Rome	14 Jul 98
European	3:28.95	Fermín Cacho ESP	Zurich	13 Aug 97
National Records				
CZE	3:34.87	Jan Kubista	Prague	20 Aug 83
ESP	3:28.95	Fermín Cacho	Zurich	13 Aug 97
ETH	3:31.13	Wondimu Mulugeta	Heusden	31 Jul 04
GBR	3:29.67	Steve Cram	Nice	16 Jul 85
KEN	3:26.34	Bernard Lagat	Brussels	24 Aug 01
QAT	3:31.04	Dahame Najem Bashair	Doha	13 May 05
QAT-J	3:38.53	Nasser Sulaiman	Bratislava	10 Jun 97
RSA	3:33.56	Johan Landsman	Zurich	4 Aug 93

## Men's 5000 Metres

## World Continental Records:

World, African	12:37.35	Kenenisa Bekele ETH	Hengelo	31 May 04
	(pace – 1000m: 2:33.24; 2000m: 5:05.47; 3000m: 7:37.34; 4000m: 10:07.93, 57.9 last lap)			
European	12:49.71	Mohammed Mourhit BEL	Brussels	25 Aug 00
North American	12:56.27	Dathan Ritzenhein USA	Zurich	28 Aug 09
Asian	12:51.98	Saif Saaeed Shaheen QAT	Rome	14 Jul 06
National Records:				
ESP	13:02.54	Alberto Garcia	Rome	29 Jun 01
ETH	12:37.35	Kenenisa Bekele	Hengelo	31 May 04
KEN	12:39.74	Daniel Komen	Brussels	22 Aug 97
QAT	12:51.98	Saif Saaeed Shaheen	Rome	14 Jul 06
USA	12:56.27	Dathan Ritzenhein	Zurich	28 Aug 09

## Men's 400 Metres Hurdles

## World Continental Records:

World, North American	46.78	Kevin Young USA	Barcelona	6 Aug 92
African	47.10	Samuel Matete ZAM	Zürich	7 Aug 91
Central American	47.25	Felix Sánchez DOM	Paris	29 Aug 03
European	47.37	Stéphane Diagana FRA	Lausanne	5 Jul 95
National Records:				
GBR	47.82	Kriss Akabusi	Barcelona	6 Aug 92
JAM	47.60	Winthrop Graham	Zurich	4 Aug 93
NOR	50.67	Atle McAdam	Florø	31 May 03
RSA	47.81	Llewellyn Herbert	Sydney	27 Sep 00
USA	46.78	Kevin Young	Barcelona	6 Aug 92

## Men's Pole Vault

## World Continental Records:

World	6.14	Sergey Bubka UKR	Sestriere	31 Jul 94
European	6.14	Sergey Bubka UKR	Sestriere	31 Jul 94
Oceanian*	6.06i	Steve Hooker AUS	Boston	7 Feb 09
North American	6.04	Brad Walker USA	Eugene	8 Jun 08
National Records:				
AUS*	6.06i	Steve Hooker	Boston	7 Feb 09
CZE	5.80	Adam Ptáček	Prague	13 Jul 02
FRA	6.01	Renaud Lavillenie	Leiria	21 Jun 09
GBR	5.80	Nick Buckfield	Khania	27 May 98
GER	6.00	Tim Lobinger	Cologne	24 Aug 97
	6.00	Tim Lobinger	Oslo	30 Jun 99
POL	5.90	Miroslaw Chmara	Lille	27 Jun 88
RUS	6.05	Maksim Tarasov	Athens	16 Jun 99
UKR	6.14	Sergey Bubka	Sestriere	31 Jul 94
USA	6.04	Brad Walker	Eugene	8 Jun 08

\* Australia recognise indoor marks as "absolute" records, in accordance with IAAF rule 260.18a

### Men's Shot Put

#### World Continental Records:

World	23.12	Randy Barnes USA	Westwood	20 May 90
North American	23.12	Randy Barnes USA	Westwood	20 May 90
European	23.06	Ulf Timmermann GDR	Hania	22 May 88

#### National Records:

BLR	22.00	Andrey Mikhnevich	Stayki	27 Jul 08
CAN	21.58	Dylan Armstrong	Baunatal	2 Jun 10
DEN	21.61	Joachim Olsen	Copenhagen	13 Jun 07
GER	23.06	Ulf Timmermann GDR	Haniá	22 May 88
POL	21.95	Tomasz Majewski	Stockholm	30 Jul 09
USA	23.12	Randy Barnes	Westwood	20 May 90

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### Men's Javelin Throw

#### World Continental Records:

World, European	98.48	Jan Zelezny CZE	Jena	25 May 96
Central American	87.17	Guillermo Martínez CUB	Paris	8 Jul 06

#### National Records:

CUB	87.17	Guillermo Martínez	Paris	8 Jul 06
CZE	98.48	Jan Zelezny	Jena	25 May 96
FIN	93.09	Aki Parviainen	Kuortane	26 Jun 99
LAT	90.73	Vadims Vasilevskis	Tallinn	27 Jul 07
NOR	91.59	Andreas Thorkildsen	Oslo	2 Jun 06

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# ExxonMobil Bislett Games 2010 • Relevant Records • Women

## Women's 200 Metres

### World & Continental Records:

World, North American	21.34	Flo. Griffith Joyner USA (halves of 11.18 & 10.16)	Seoul	29 Sep 88
Central American	21.64	Merlene Ottey JAM	Brussels	13 Sep 91
European	21.71	Marita Koch GDR	Karl-Marx-Stadt	10 Jun 79
	21.71	Marita Koch GDR	Potsdam	21 Jun 84
	21.71	Heike Drechsler GDR	Jena	29 Jun 86
	21.71	Heike Drechsler GDR	Stuttgart	29 Aug 86

### National Records:

BAH	22.19	Debbie Ferguson	Paris	3 Jul 99
CAY	22.39	Cydonie Mothersill	Nassau	10 Jul 05
JAM	21.64	Merlene Ottey	Brussels	13 Sep 91
RUS	21.87	Irina Privalova	Monaco	25 Jul 95
USA	21.34	Florence Griffith Joyner	Seoul	29 Sep 88

## Women's 400 Metres

### World & Continental Records:

World, European	47.60	Marita Koch GDR (halves of 22.4 & 25.2)	Canberra	6 Oct 85
North American	48.70	Sanya Richards USA	Oslo	16 Sep 06
Central American	48.89	Ana Guevara MEX	Paris	27 Aug 03
African	49.10	Falilat Ogunkoya NGR	Atlanta	29 Jul 96
National Records:				
BOT	49.83	Amantle Montsho	Addis Ababa	2 May 08
CZE	47.99	Jarmila Kratochvílová TCH	Helsinki	10 Aug 83
GBR	49.43	Kathy Cook	Los Angeles	6 Aug 84
JAM	49.30	Lorraine Fenton	Monaco	19 Jul 02
USA	48.70	Sanya Richards	Oslo	16 Sep 06

## Women's 800 Metres

### World & Continental Records:

World, European	1:53.28	Jarmila Kratochvílová TCH (pace – 400m: 56.1; 600m: 1:25.0)	Munich	26 Jul 83
African, World Junior	1:54.01	Pamela Jelimo KEN	Zurich	29 Aug 08
Central American	1:54.44	Ana Quirot CUB	Barcelona	9 Sep 89
Junior competing in Oslo:		Cherono Koech KEN		
National Records:				
GBR	1:56.21	Kelly Holmes	Monaco	9 Sep 95
KEN, KEN-J	1:54.01	Pamela Jelimo	Brussels	29 Aug 08
NED	1:55.54	Ellen van Langen	Barcelona	3 Aug 92
NOR	2:01.7	Randi Langøigjelten Bjørn	Øvre Årdal	28 Aug 81
POL	1:56.95	Jolanta Januchta	Budapest	11 Aug 80
RUS	1:54.81	Olga Mineyeva	Moscow	27 Jul 80

## Women's 3000m Steeplechase

### World & Continental Records:

World, European	8:58.81	Gulnara Samitova-Galkina RUS (pace – 1000m: 2:58.63; 2000m: 6:01.20)	Beijing	17 Aug 08
African	9:07.41	Eunice Jepkorir KEN	Beijing	17 Aug 08
North American	9:22.26	Jenny Barringer USA	Beijing	17 Aug 08
Central American	9:27.21	Mardea Hyman JAM	Monaco	9 Sep 05
World Junior	9:24.51	Ruth Bisibori KEN	Daegu	3 Oct 07
Junior competing in Oslo:		Elizabeth Mueni KEN		
National Records:				
ETH	9:17.85	Zemzem Ahmed	Beijing	17 Aug 08
FIN	9:40.28	Johanna Lehtinen	Athens	3 Jul 06
FRA	9:25.62	Sophia Duarte	Rome	10 Jul 09
JAM	9:27.21	Mardea Hyman	Monaco	9 Sep 05
NOR	9:33.19	Karoline Bjerkeli Grøvdal	Neerpelt	2 Jun 07
POL	9:17.15	Wioletta Janowska	Athens	3 Jul 06
ROU	9:16.85	Cristina Casandra	Beijing	17 Aug 08
SWE	9:38.55	Christin Johansson	Heusden	28 Jul 07
KEN	9:07.41	Eunice Jepkorir	Beijing	17 Aug 08
KEN-J	9:24.51	Ruth Bisibori KEN	Daegu	3 Oct 07

## Women's 100 Metres Hurdles

### World & Continental Records:

World, European	12.21	Yordanka Donkova BUL	Stara Zagora	20 Aug 88
North American	12.33	Gail Devers USA	Sacramento	23 Jul 00
Central American	12.45	Brigitte Foster JAM	Eugene	24 May 03
National Records:				
CAN	12.46	Perdita Felicien	Eugene	19 Jun 04
GER	12.42	Bettina Jahn GDR	Berlin	8 Jun 83
JAM	12.45	Brigitte Foster	Eugene	24 May 03
NOR	12.74	Christina Vukicevic	Hengelo	1 Jun 09
USA	12.33	Gail Devers	Sacramento	23 Jul 00

Women's 100 Metres Hurdles 'B'

World & Continental Records:

World, European	12.21	Yordanka Donkova BUL	Stara Zagora	20 Aug 88
North American	12.33	Gail Devers USA	Sacramento	23 Jul 00
Central American	12.45	Brigitte Foster JAM	Eugene	24 May 03
World Junior	12.84	Aliuska López CUB	Zagreb	16 Jul 87

Junior competing in Oslo:

Isabelle Pedersen NOR

National Records:

BEL	12.94	Eline Berings	Hengelo	1 Jun 09
NOR	12.74	Christina Vukicevic	Hengelo	1 Jun 09
NOR-J	13.39	Anne-Beth Espetvedt	Birmingham	7 Aug 87
USA	12.33	Gail Devers	Sacramento	23 Jul 00

Women's High Jump

World & Continental Records:

World, European	2.09	Stefka Kostadinova BUL	Rome	30 Aug 87
Central American	2.04	Silvia Costa CUB	Barcelona	9 Sep 09
North American	2.04	Chaunté Lowe USA	Cottbus	30 May 10

National Records:

CRO	2.08	Blanka Vlasic	Zagreb	31 Aug 09
ESP	2.02	Ruth Beitía	San Sebastián	4 Aug 07
LCA	1.98	Lavern Spencer	Athens GA	8 May 10
NOR	2.01	Hanne Haugland	Zurich	13 Aug 97
RUS	2.06	Yelena Slesarenko	Athens	28 Aug 04
SWE	2.06	Kajsa Bergqvist	Eberstadt	26 Jul 03
USA	2.04	Chaunté Lowe	Cottbus	30 May 10

Women's Long Jump

World & Continental Records:

World, European	7.52	Galina Chistyakova URS	Leningrad	11 Jun 88
North American	7.49	Jackie Joyner-Kersey USA	New York	22 May 94
	7.49	Jackie Joyner-Kersey USA	Sestriere	31 Jul 94
South American	7.26	Maurren Maggi BRA	Bogotá	26 Jun 99
World Junior	7.14	Heike Daute GDR	Bratislava	4 Jun 83

Junior competing in Oslo:

Darya Klishina RUS

National Records:

BRA	7.26	Maurren Maggi	Bogotá	26 Jun 99
NOR	6.64	Margrethe Renstrøm	Lillehammer	1 Aug 09
POR	7.12	Naide Gomes	Monaco	29 Jul 08
RUS	7.52	Galina Chistyakova	Leningrad	11 Jun 88
RUS-J	6.88	Natalya Shevchenko	Sochi	26 May 84
SRB	6.71	Ivana Spanovic	Nov Sad	24 Jul 09
SWE	6.99	Erica Johansson	Lausanne	5 Jul 00
USA	7.49	Jackie Joyner-Kersey	New York	22 May 94
	7.49	Jackie Joyner-Kersey	Sestriere	31 Jul 94

Women's Discus Throw

World & Continental Records:

World	76.80	Gabriele Reinsch GDR	Neubrandenburg	9 Jul 88
European	76.80	Gabriele Reinsch GDR	Neubrandenburg	9 Jul 88
Central American	70.88	Hilda Ramos CUB	Havana	8 May 92
North American	66.10	Carol Cady USA	San Jose	31 May 86

National Records:

CRO	66.85	Sandra Perkovic	Split	6 Mar 10
CUB	70.88	Hilda Ramos	Havana	8 May 92
GER	76.80	Gabriele Reinsch GDR	Neubrandenburg	9 Jul 88
NOR	69.68	Mette Bergmann	Florø	27 May 95
POL	66.18	Renata Katewicz	Lodz	7 Aug 88
ROU	73.84	Daniela Costian	Bucharest	30 Apr 88
SWE	64.54	Anna Söderberg	Åremark	31 Jul 99
USA	66.10	Carol Cady	San Jose	31 May 86